



YOUR TEMPORARY CROWN OR BRIDGE

*We have completed the preparation for your crown or bridge and a **temporary crown** (or bridge) has been cemented. The temporary crown is made to protect your tooth and maintain a space while the permanent crown (or bridge) is being fabricated at the lab. It is meant to serve your needs for only a short time.*

- Your temporary crown has been cemented with a special **temporary cement** which allows the dentist to easily remove it when cementing the permanent crown. This cement requires about **30 minutes** to set. Please do not chew or drink hot liquids during this time.
- Certain foods will stick to the temporary crown. Please **refrain from chewing gum and other sticky candies and food** that may cause the crown to decement.
- Temporary crowns are not strong. Please **avoid eating hard, crunchy foods** which may cause it to break or bend.
- If your **temporary crown comes off or breaks**, please call our office to schedule an appointment to have it recemented or remade. Save the crown and bring it with to the office to have it recemented. Should the crown come off after hours, it is **not an “emergency”**. Some Vaseline placed inside the crown will hold it in place for a short time. For a better hold, *Walgreens* and *Walmart* sell a temporary cement called Temparin which you can use to cement the crown yourself until you can schedule a time to come to the office. Follow the directions on the package.
- Please **do not leave the temporary crown off your tooth!!** Unless your tooth has had root canal therapy, it will be very sensitive without the crown. Also, the tooth will shift causing the permanent crown to fit improperly. If the tooth shifts too much, the permanent crown will need to be sent back to the lab to be remade, incurring extra expenses for the patient.
- Your temporary crown will not fit your tooth quite as well as the permanent crown. It is **normal** if you experience **slight sensitivity to hot, cold and sweets**. If you notice a bite irregularity or “high spot”, please call the office to schedule a bite adjustment. If you ignore high spots, the tooth will become very sore. If the tooth becomes extremely sensitive or you experience worsening symptoms, the tooth may need further treatment. Please call the office.
- **Brush carefully** around the temporary crown. To floss, push the floss down to your gums and pull it straight out. Do not pull it back out the same way it went in, as this tends to lift the crown off.
- If you have any **problems** or **questions**, please call our office.