



POST-OP INFORMATION FOR AMALGAM (SILVER) FILLINGS

- Please do not bite or chew until the **numbness** wears off. We do not want you to hurt yourself.
- Because the silver filling has greater temperature conductivity than your tooth, you may notice an **increased sensitivity** to hot and cold food and liquids. This is normal for new amalgam fillings and usually lasts 2 to 3 weeks and sometimes much longer depending on the size and depth of the cavity.
- Please **do not bite heavily** on the new filling for at least 24 hours, as the filling is most subject to fracture during this time. A soft diet is recommended for the next day.
- No two cavities are alike and therefore **no two fillings are alike**. Just because a filling you had placed in the past wasn't temporarily sensitive, doesn't mean something is wrong if a recently placed one is.
- If you notice any **"high spots"** or **bite irregularities**, please contact our office for a simple bite adjustment. It will not grind into place on its own and the tooth will become sore and sensitive. If symptoms persist or worsen, the tooth may need further treatment. Please contact our office.
- You may find **stray pieces of amalgam filling material** in your mouth afterward. Don't worry, the filling has NOT "fallen out". These are just pieces that likely got trapped under your tongue or between your gums and cheek during placement. They won't hurt you nor has the integrity of the filling been affected.
- If you have any **problems** or **questions**, please call our office.